



Maya Heights

APPETIZERS

Ceviche Shrimp or Conch (seasonal) marinated in Pico de Gallo served with tortilla chips	BZ\$ 8
Belizean Cheese Dip Blended soft cheese dip served with crisp tortilla chips	BZ\$ 8
Chicken Wings - 4 pcs Served with French fries and your choice of BBQ, Buffalo, Honey Mustard or Sweet and Sour sauce	BZ\$ 8
Chicken Fingers - 4 pcs Served with French fries and your choice of BBQ, Buffalo, Honey Mustard or Sweet and Sour sauce	BZ\$ 8
Chips and Salsa Warm crisp tortilla chips with fresh salsa	BZ\$ 8
Spinach Dip Spinach cooked with cheese, sour cream, mayonnaise and seasonings served with tortilla chips	BZ\$ 8
Guacamole Fresh ripe avocados mixed with Pico de Gallo	BZ\$ 8

SOUPS

Seafood Chowder Choose fish, shrimp, or conch (seasonal) cooked with butter, celery, garlic, and heavy cream	BZ\$ 16
Tortilla Soup Creamy tortilla soup with bell peppers, tomato sauce, corn, beans & cream cheese	BZ\$ 12
Escabeche Belizean onion soup with chicken and citrus served with tortillas or rice	BZ\$ 12

SALADS - Small

Fruit Salad Fresh fruit - pineapple, watermelon, cantaloupe and banana with lemon juice dressing	BZ\$ 16
Garden Salad Mix of lettuce, bell pepper, cucumber, tomatoes, red onions with choice of balsamic vinegar, ranch or parmesan vinaigrette	BZ\$ 16
Caesar Salad Romaine lettuce, fresh grated parmesan cheese & garlic croutons	BZ\$ 16

POPULAR MEALS

Burger with Fries Beef or Chicken with lettuce, tomato, cheese and served with a garden salad. Bacon add BZ\$3	BZ\$ 25
Chicken, Rice, and Beans Traditional Belizean meal served with choice of coleslaw or garden salad	BZ\$ 25
Caesar Salad with Grilled Chicken Romaine lettuce, fresh grated parmesan cheese and garlic croutons Shrimp add BZ\$8	BZ\$ 25
Fish Fingers and Chips Deep fried breaded fillet strips served with French fries and tartar sauce.	BZ\$ 25
Fajitas – Chicken or Beef Grilled sauteed onions with peppers and tomatoes served with refried beans, cheese, salsa, sour cream, guacamole and warmed flour or corn tortilla. Shrimp add BZ\$8	BZ\$ 25
Nachos – Chicken or Beef Layered tortilla chips with beans, melted cheddar, topped with Pico de Gallo, jalapenos, and sour cream Shrimp add BZ\$8	BZ\$ 25
Tacos – Chicken or Beef Three warm corn/flour tortillas filled with onions, peppers, cabbage, feta cheese, Pico de Gallo, and lime wedges Shrimp add BZ\$8	BZ\$ 25
Quesadilla – Chicken or Beef Flour Tortillas grilled with melted cheese, jalapenos, spicy seasonings, served with Pico de Gallo, sour cream, and guacamole Shrimp add BZ\$8	BZ\$ 25



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ENTREES

All entrees will be served with a dinner roll, salad and either a choice of rice, potato wedges, French fries, mashed, baked or roasted potatoes or fresh fruit.

Chicken – Half BZ\$ 36
Pan fried or grilled with rich BBQ sauce

Chef's Salad - Entree BZ\$ 36
Fresh mixed greens, cucumbers, carrots, tomato wedges, avocado, grilled chicken strips and feta cheese.
Shrimp add BZ\$8

T-Bone Steak BZ\$ 40
Pan fried or grilled steak with onions and bell peppers

Pork Chops BZ\$ 36
Pan fried or grilled pork chops with onions and bell peppers

Lamb Chops BZ\$ 36
Pan fried lamb chops marinated in olive oil, rosemary, thyme and garlic

Blackened Fish Fillet BZ\$ 36
Catch of the day, pan seared fillet with roasted bell peppers and choice of lemon butter, cilantro lime or pineapple sauce

Creole Fish BZ\$ 36
Fillet of fish cooked with tomatoes, garlic and potatoes

Meal in a Peel BZ\$ 36
Choose from roasted veggies, chicken, bacon or pulled pork, served with cheese, butter and sour cream

Lobster - Seasonal BZ\$ 80
Grilled lobster tail served with garden salad, a choice of baked or mashed potato or seasoned potato wedges

Lemon/Garlic Baked Tilapia BZ\$ 36
Baked tilapias fillet with butter, paprika and garlic, marinated in lemon juice

Chef's Daily Special BZ\$ 36
Each day we have a daily special, ask your server

SIDE DISHES

French Fries, Mashed Potatoes, Onion Rings, Potato Wedges, Roasted Potatoes, Shrimp, Roasted Vegetables

BZ\$ 10

DESSERTS

BZ\$ 8

Ice Cream
Vanilla, Vanilla/Chocolate, Rum & Raisin,
Strawberry

Lemon Pies, Cheesecake, Brownies, Hot Fudge Sunday

DRINKS

Beer

Belkin - Regular or Stout, Light House Lager BZ\$ 6

Landshark Lager and Heineken BZ\$ 8

Cocktails

Banana Mix BZ\$ 16

Bloody Mary BZ\$ 18

Daiquiri BZ\$ 16

Margarita BZ\$ 20

Mojito BZ\$ 18

Pain Killer BZ\$ 10

Pina Colada BZ\$ 16

Rum Punch BZ\$ 10

Sunrise BZ\$ 16

Wine

Per Glass BZ\$ 16

Per Bottle BZ\$ 50

Red: Cabernet Sauvignon, Merlot, Pinot Noir, Shiraz

White: Chardonnay, Pinot Grigio, Sauvignon Blanc

Rosé

Soft Drinks

BZ\$ 4

Fanta, Coke, Sprite, Ginger Ale

Smoothies & Ice Drinks

BZ\$ 10

All made with local fruit, Banana, Cantaloupe, Mango, Pineapple, Strawberry, Watermelon, Papaya

Juices

BZ\$ 7

Coconut Water, Lime Juice, Orange Juice

Coffee & Tea - Iced or Hot

BZ\$ 4

12.5% Sales Tax not included. Gratuity is not necessary but appreciated when deserved.

Mile 10 Southern Highway, Stann Creek District, Belize

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www.mayaheights.com